












OCTOBER 2024

| | | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|---|---|--|
|  <p>October 3rd Maxine B!</p> <p>October 8th Donna J!</p> <p>October 24th Evelyn O!</p> <p>October 27th Junith D!</p> | <p>October is...</p> <p>Domestic Violence Awareness Month</p> <p>Breast Cancer Awareness Month</p> <p>Polish American Heritage Month</p> <p>National Depression Education and Awareness Month</p> <p>Country Music Month</p> <p>Family History Month</p> <p>National Pretzel Month</p> | <p>1 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Shopping at Festival Foods Sign up on the Bulletin Board</p> <p>1:30 PM Exercise with Amy Dining Room</p> <p>Invite friends to play cards!</p> <p>4:32 PM </p> <p>MLB NL Wildcard Game ESPN channel 28</p> | <p>2 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Exercise Dining Room</p>  <p>2:30 PM Oktoberfest Royal Family Oktoberfest Music & Fun! Dining Room</p> <p>6: 38 PM </p> <p>MLB NL Wildcard Game ESPN channel 28</p> | <p>3 Happy Birthday Maxine B!</p> <p><i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>10:30 AM Catholic Mass West Lounge</p> <p>1:30 PM Exercise with Amy Dining Room</p> <p>Invite friends to play cards!</p> <p>7: 38 PM </p> <p>NL Wildcard Game (if needed) ESPN 2 channel 29</p> | <p>4 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Exercise Dining Room</p> <p>2:00 PM Happy Hour Beer, Wine Coolers, Wine, Soda, Sausage, Cheese & Crackers, and Polka Music! Dining Room</p> <p>Invite friends to play cards!</p> <p>Take an Evening Stroll</p> | <p>5 8 to 10 AM Coffee Time Front Café</p> <p>10:00 AM Galesville Apple Affair More Information & Sign up on the Bulletin Board</p>  <p>Purdue @ Wisconsin Badgers</p> <p>2:00 PM Movie: Gidget 1959 Romantic Comedy starring Sandra Dee and James Darren- on Tubi Center Lounge</p> <p>MLB NL Division Games On Fox Channel 3</p> |




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| <p>6 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Catholic Mass Channel 9</p> <p>Invite friends to play cards!</p>  <p>3:25 PM Green Bay Packers vs Los Angeles Rams On CBS Channel 7</p> <p>Take an Evening Stroll</p> <p>MLB NL Division Games On Fox Channel 3</p> | <p>7 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Exercise Dining Room</p> <p>2:30 PM More Fun with the Game Guy! He will bring more interactive games to enjoy! Dining Room</p> <p>Invite friends to play cards!</p> <p>Evening Stroll</p> <p>MLB AL Division Games TBS Channel 38</p> | <p>8 <i>Happy Birthday Donna J!</i></p> <p><i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>8 to 10 AM Coffee Time Front Café</p> <p>10:00 AM La Crosse County Library Book Drop Off – see Sandy for more information</p> <p>1:00 PM Fall Colors Scenic Drive Sign up on the Bulletin Board</p> <p>MLB NL Division Games On Fox Channel 3</p> | <p>9 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Exercise with Amy Dining Room</p> <p>11:00 AM Lunch at Swing Bridge Pub Sign up on the Bulletin Board</p> <p>1:30 PM Flickin' Chicken Games Dining Room</p> <p>MLB NL Division Games On Fox Channel 3</p> | <p>10 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Exercise Dining Room</p> <p>1:45 PM Lutheran Prayer Service Front Lounge *NOTE: Time Change Going Forward!</p> <p>Invite friends to play cards!</p> <p>Take an Evening Stroll</p> <p>MLB AL Division Games TBS Channel 38</p> | <p>11 <i>National Sausage Pizza Day</i></p> <p><i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Exercise with Amy Dining Room</p> <p>2:00 PM Happy Hour Beer, Wine, Soda, and Sausage Pizza Dining Room</p> <p>Invite friends to play cards!</p> <p>MLB NL Division Games On Fox Channel 3</p> | <p>12 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p>  <p>Wisconsin @ Rutgers</p> <p>2:00 PM Movie: It Happened One Night 1934 Romantic Comedy starring Clark Gable and Claudette Colbert On Tubi Channel Center Lounge</p> <p>Invite friends to play cards!</p> <p>MLB AL Division Games TBS Channel 38</p> |



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| <p>13 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Catholic Mass Channel 9</p>  <p>12:00 PM Green Bay Packers vs St. Louis Cardinals On Fox Channel 3</p> <p>Invite friends to play cards!</p> <p>Evening Stroll</p> <p>MLB NL Championship Series Fox Channel 3</p> | <p>14 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Exercise with Amy Dining Room</p> <p>10:00 AM The Price is Right On CBS Channel 7</p> <p>2:15 PM Bingo Dining Room</p> <p>Invite friends to play cards!</p> <p>MLB NL Championship Series Fox Channel 3</p> | <p>15 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9 AM - 10 AM Village of Holmen In-Person Voting for the November 5th Election Dining Room</p> <p>10:00 AM Champlain Emma Blank West Lounge</p> <p>1:00 PM Fall Colors Scenic Drive</p> <p>AL Championship Series TBS Channel 38</p> | <p>16 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Exercise Dining Room</p>  <p>2:00 PM Magician Isaiah Foster <i>Welcome Laurel Manor Tenants to Prairie Home to enjoy The Magic of Isaiah!</i> Dining Room</p> <p>MLB NL Championship Series Fox Channel 3</p> | <p>17 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>10:30 AM Catholic Communion West Lounge</p> <p>1:30 PM Village of Holmen In-Person Voting at Prairie Home for the November 5th General Election Dining Room</p> <p>MLB NL & AL Championship Series Fox Channel 3 TBS Channel 38</p> | <p>18 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Exercise with Amy Dining Room</p> <p>2:00 PM Halloween Happy Hour Beer, Wine, Wine Coolers, Deviled Eggs, Pretzels with Mustard Dining Room</p> <p>MLB NL & AL Championship Series Fox Channel 3 TBS Channel 38</p> | <p>19 <i>Walk in the Halls or Outside today!</i></p>  <p>Wisconsin @ Northwestern</p> <p>2:00 PM Movie: <u>The Women</u> Starring Joan Crawford, Norma Shearer, & Rosalind Russel Comedy/Drama On Tubi Channel-Center Lounge</p> <p>Invite friends to play cards!</p> <p>MLB AL Championship Series TBS Channel 38</p> |

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| <p>20 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Catholic Mass Channel 9</p>  <p>12:00 PM Green Bay Packers vs Houston Texans CBS Channel 7</p> <p>Invite friends to play cards!</p> <p>Evening Stroll</p> <p>MLB NL Championship Series Fox Channel 3</p> | <p>21 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Exercise Dining Room</p> <p>10:00 AM The Price is Right CBS Channel 7</p> <p>2 :15 PM Bingo Dining Room</p> <p>Invite friends to play cards!</p> <p>Evening Stroll</p> <p>MLB NL & AL Championship Series Fox Channel 3 TBS Channel 38</p> | <p>22 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Exercise Dining Room</p> <p>1:00 PM Ferguson's Orchards, Farm Market, and Bakery in Galesville Sign up on the bulletin board</p> <p>Invite friends to play cards!</p> <p>MLB AL Championship Series TBS Channel 38</p> | <p>23 <i>Walk in the Halls or Outside today!</i></p> <p>8:00 Coffee Hour Featuring Pumpkin Spice Donuts Front Café</p> <p>9:30 AM Exercise with Amy Dining Room</p> <p>10:00 AM Shopping at Walmart Sign up on the Bulletin Board</p> <p>1:30 PM Bean Bag Toss Dining Room</p> <p>Invite friends to play cards!</p> | <p>24 Happy 100th Birthday Evelyn O!</p> <p><i>Walk in the Halls or Outside today!</i></p> <p>8:30 AM Birthday Breakfast <i>Crustless Spinach, Ham, and Cheese Quiche, Fruit, Juice, & Coffee</i></p> <p>10:00 AM The Price is Right On CBS Channel 7</p> <p>1:30 PM Bingocize Dining Room</p> <p>Invite friends to play cards!</p> | <p>25 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>10:00 AM Costume Drum Fit with Alison More information on the Bulletin Board!</p>  <p>2:00 PM Halloween Happy Hour Bloody Mary Bar, Deviled Eggs, and Hallo-weenies</p> <p>MLB World Series Game 1 Fox Channel 3</p> | <p>26 <i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p>  <p>Penn State @ Wisconsin</p> <p>2:00 PM Movie: <u>Dial M for Murder</u> Classic 1954 Alfred Hitchcock Mystery Thriller Starring Grace Kelly and Ray Milland Tubi - Center Lounge</p> <p>Invite friends to play cards!</p> <p>MLB World Series Game 2 Fox Channel 3</p> |

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| <p>27</p> <p><i>Happy Birthday Junith D!</i></p> <p><i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Catholic Mass WXOW Channel 9</p>  <p>12:00 PM Green Bay Packers vs Jacksonville Jaguars On Fox Channel 3</p> <p>Invite friends to play cards!</p> <p>Take an Evening Stroll</p> | <p>28</p> <p><i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Exercise Dining Room</p> <p>10:00 AM The Price is Right On CBS Channel 7</p> <p>2:15 PM Halloween Bingo Dining Room</p> <p>Invite friends to play cards!</p> <p>MLB World Series Game 3 Fox Channel 3</p> | <p>29</p> <p><i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>10:30 AM Lunch at Schmidty's Sign up on the Bulletin Board</p> <p>1:30 PM Exercise with Amy Dining Room</p> <p>Invite friends to play cards!</p> <p>Take an Evening Stroll</p> <p>MLB World Series Game 4 Fox Channel 3</p> | <p>30</p> <p><i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Exercise Dining Room</p> <p>1:30 PM Balloon Toss Dining Room</p> <p>7:00 PM Games and Snacks with Holmen Lutheran Confirmation Students Dining Room</p> <p>MLB World Series Game 4 Fox Channel 3</p> | <p>31</p>  <p><i>Walk in the Halls or Outside today!</i></p> <p>8 to 10 AM Coffee Time Front Café</p> <p>9:30 AM Exercise Dining Room</p> <p>1:30 PM Halloween Social Pumpkin Spice Lattes & Seasonal Cookies Dining Room</p> <p>Invite friends to play cards!</p> | <p>October Birthstone: The Opal is a stone of innocence, creativity, hope, and inspiration – all qualities that people born in October possess!</p> <p>October Flowers: Marigolds: symbolize devotion and commitment.</p> <p>Cosmos: symbolize harmony, love, innocence, beauty, joy, and balance.</p> | <p>Zodiac Signs:</p> <p>Oct 1-22 Libra: <i>Libras are fair minded and often play the diplomat or mediator. The scales represent balance and harmony.</i></p> <p>Oct 23-31 Scorpio: <i>Scorpios are intense and mysterious. Scorpios can exhibit a fiery temper at times.</i></p> |

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HALLOWEEN IS A HOLIDAY CELEBRATED EACH YEAR ON OCTOBER 31ST.

THE TRADITION ORIGINATED WITH THE ANCIENT CELTIC FESTIVAL OF SAMHAIN, WHEN PEOPLE WOULD LIGHT BONFIRES AND WEAR COSTUMES TO WARD OFF GHOSTS.

IN THE EIGHTH CENTURY, POPE GREGORY III DESIGNATED NOVEMBER 1ST TO BE A TIME TO HONOR ALL SAINTS.

SOON, ALL SAINTS DAY INCORPORATED SOME OF THE TRADITIONS OF SAMHAIN.

THE EVENING BEFORE WAS KNOWN AS ALL HALLOWS EVE, AND LATER HALLOWEEN.

OVER TIME, HALLOWEEN EVOLVED INTO A DAY OF ACTIVITIES LIKE TRICK-OR-TREATING, CARVING JACK-O-LANTERNS, FESTIVE GATHERINGS, DONNING COSTUMES AND EATING TREATS.

