






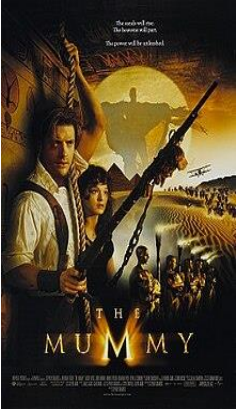






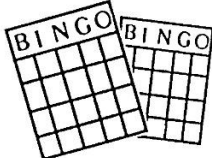


# October Activity Calendar – WST 2024









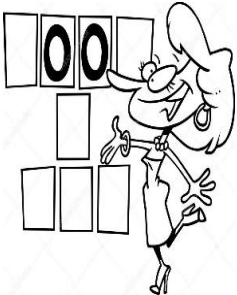




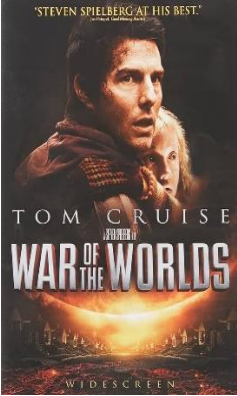


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p>  <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>10:00 AM BINGOCIZE With Jen (activity room)</p>  <p>Brewers Vs TBD (channel ESPN)</p>	<p>2</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>1:00 PM Dominos (puzzle lounge)</p>  <p>3:00 PM Game Show Game w/ Kathy (front lounge)</p>  <p>Brewers Vs TBD (channel ESPN)</p>	<p>3</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p>  <p>10:00 AM Oktoberfest's Royal Family visiting. Winner of our King and Queen will be announced, you don't want to miss!! (dining room)</p> <p>10:30 AM Chair Exercise (back lounge)</p> <p>2:00 PM Christ Lutheran Worship (back lounge)</p>	<p>4</p>  <p>10:00 AM Sign up to have books and/or movies delivered to your room from the La Crosse County Library! (registration sheets available in front lounge)</p> <p>2:30 PM BINGO With Sue (dining room)</p>	<p>5</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>11:00 AM Badgers vs. Purdue</p>  <p>2:15 PM Movie: "The Mummy" *Snacks will be served* (back lounge)</p>










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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>6</p>  <p>9:30 AM Catholic Service (channel 19)</p> <p>2:00 PM Euchre (front lounge)</p>  <p>3:25 PM Green Bay Packers vs. Los Angeles Rams (channel 7)</p>	<p>7</p> <p><b>Happy Birthday, Diane J!!</b></p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>2:00 PM Pumpkin Treat Bags with Gail (activity room)</p>  <p>Wear your favorite teams attire today!</p>	<p>8</p>  <p>9:00 AM Coffee &amp; Social Hour (dining room)</p>  <p>2:30 PM Bat the Balloon (back lounge)</p> <p>5:00 PM Puzzle Time (dining room)</p> 	<p>9</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p>  <p>10:15 AM Ashley Brings Library books to apartment door!</p> <p>1:00 PM Dominos (puzzle lounge)</p>  <p>5:00 PM Colored Pencil Art (front lounge)</p>	<p>10</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>2:00 PM Christ Lutheran Bible Study (back lounge)</p>  <p>1:30 PM Tenant Meeting w/Fire Drill following meeting (dining room)</p>	<p>11</p>  <p>10:00 AM Deacon Bob (activity room)</p>  <p>2:30 PM BINGO w/Sue (dining room)</p>  <p>Have eggs for breakfast today in light of World Egg Day!!</p>	<p>12</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p><b>TBD</b> <b>Badgers vs. Rutgers</b></p>  <p>2:15 PM Movie: "Hocus-pocus" *Snacks will be served! * (back lounge)</p>










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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>13</p>  <p>9:30 AM Catholic Service (channel 19)</p>  <p>12:00 PM Green Bay Packers vs. Arizona Cardinals (channel 3)</p> <p>2:00 PM Euchre (front lounge)</p>	<p>14</p>  <p>10:00 AM Chair Exercise (back lounge)</p>  <p>12:30 PM Absentee Voting (activity room)</p> <p>5:00 PM Puzzle Time (dining room)</p> 	<p>15</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>10:00 AM BINGOCIZE With Jen (activity room)</p>  <p>2:00 PM Sing Along (front lounge)</p>  <p>Wear your favorite teams attire today!</p>	<p>16</p>  <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>1:00 PM Dominos (puzzle lounge)</p>  <p>3:00 PM Game Show Game w/ Kathy (front lounge)</p>	<p>17</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p>  <p>10:00 AM Chair Exercise (back lounge)</p>  <p>1:30 PM Our Saviors Church Service (dining room)</p>  <p>7:00 PM Bucks VS Mavericks (channel TNT)</p>	<p>18</p> <p><i>Happy Birthday Pat J!!</i></p>  <p>1:00 PM Magic with Isaiah Foster (MSM sun room)</p> <p>*Wheel Chair Transfers available by staff just let us know! *</p> <p>2:30 PM BINGO w/Sue (dining room)</p>	<p>19</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>TBD Badgers vs. Northwestern</p>  <p>2:15 PM Movie: "War of the Worlds" *Snacks will be served!! (back lounge)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>20</p>  <p>9:30 AM Catholic Service (channel 19)</p>  <p>12:00 PM Green Bay Packers vs. Houston Texans (channel 7)</p> <p>2:00 PM Euchre (front lounge)</p>	<p>21</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>2:00 PM Happy Hour Pumpkin spice white Russian's &amp; Apple cider donuts (dining room)</p> <p>5:00 PM Puzzle Time (puzzle lounge)</p>	<p>22</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>12:00 PM Pedicures w/ Deann *see sign-up sheet for specific time* (spa lounge)</p> <p>1:00 PM Dominos (puzzle lounge)</p>  <p>1:30 PM Come and get your Flu Shot Today @ the Flu Shot Clinic!! *Insurance Card Required* (dining room)</p>	<p>23</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>1:00 PM Dominos (puzzle lounge)</p>  <p>Bus Trip: Scenic drive to see the changing of the fall leaves &amp; stop for a treat! (meet in back lounge at 1:00 PM)</p>	<p>24</p> <p>Happy Birthday Diane K!!</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p>  <p>10:00 AM Chair Exercise (back lounge)</p> <p>Take a walk outside or in the halls with a friend, today!</p>	<p>25</p> <p>10:00 AM MSGR Burrill (activity room)</p>  <p>2:30 PM BINGO w/Sue! (dining Room)</p> <p>Fall is a transitional season, marked by changing seasons and a sense of both endings and new beginnings.</p>	<p>26</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>TBD Badgers vs. 9 Penn State</p>  <p>2:15 PM Movie: "The Missing" *Snacks will be served!!* (sun room)</p> 

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<p>27</p>  <p>9:30 AM Catholic Service (channel 19)</p>  <p>12:00 PM Green Bay Packers Vs Jacksonville Jaguars (channel 3)</p> <p>2:00 PM Euchre (front lounge)</p>	<p>28</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>1:00 PM Wear A Halloween Costume &amp; Drum Fit with Alison! (activity room)</p> <p>2:30 PM Help stuff treat bags for West Salem Elementary 4k class visit on Thursday 10/31 (activity room)</p>	<p>29</p> <p><b>Happy Birthday Ruth!!</b></p>  <p>10:00 AM BINGOCIZE W/ Jen (activity room)</p>  <p>11:00 AM BIRTHDAY BRUNCH!! (dining room)</p> <p>1:00 PM Dominos (puzzle lounge)</p>	<p>30</p>  <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>1:00 PM Dominos (puzzle lounge)</p>  <p>3:00 PM Game Show Game w/ Kathy (front lounge)</p>	<p>31</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p>  <p>10:00 AM West Salem Elementary 4K Class trick or treating. Help pass out treats! (dining room)</p> <p>10:30 AM Chair Exercise (back lounge)</p>		

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