



# November Activity Calendar – WST 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p style="text-align: center;"> <b>“Gratitude, help us to see what is there instead of what isn’t.”</b>            – ANNETTE BRIDGES         </p> <p style="text-align: center;">TOWN&amp;COUNTRY</p>				<p><b>West Salem High School volunteers coming on Thursday 11/14/24 to help decorate your apartment doors for Christmas! (Sign-up sheet on activity board going into dining room) Details on flyer ☺</b></p>	<p><b>1</b></p>  <p><b>2:30 PM Manicures w/ Kacie (activity room)</b></p> <p><b>2:30 PM BINGO W/ Sue (dining room)</b></p> 	<p><b>2</b></p> <p><b>9:00 AM Coffee &amp; Social Hour (dining room)</b></p>  <p><b>2:15 PM Movie: “The Family Man”</b></p> <p><b>*Snacks will be served* (back lounge)</b></p> <p><b>7:00 PM Bucks vs. Caveleirs</b></p>

**WST ACTIVITIES ARE SUBJECT TO CHANGE**












Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>3</p> <p><b>9:30 AM</b> <b>Catholic Service</b> (channel 19)</p> <p><b>2:00 PM</b> <b>Euchre</b> (puzzle lounge)</p> <p><b>3:25 PM</b> <b>Green Bay Packers vs. Detroit Lions</b> (channel 3)</p> <p><b>Daylight Savings Time Ends!</b> <b>*turn your clocks back one hour at midnight*</b></p>	<p>4</p> <p><b>10:00 AM</b> <b>Chair Exercise</b> (back lounge)</p>  <p><b>2:00 PM</b> <b>Games W/ Coltan</b> (activity room)</p> <p><b>5:00 PM</b> <b>Puzzle Time!</b> (puzzle lounge)</p>  <p><b>6:00 PM</b> <b>Bucks vs. Cavaliers</b> (NBA TV)</p>	<p>5</p>  <p><b>9:00 AM</b> <b>Coffee &amp; Social Hour</b> (dining room)</p>  <p><b>2:30 PM</b> <b>Chair Volleyball with a fun twist tenants vs staff!</b> (back lounge)</p> <p><b>5:00 PM</b> <b>Puzzle Time</b> (puzzle lounge)</p>	<p>6</p> <p><b>9:00 AM</b> <b>Coffee &amp; Social Hour</b> (dining room)</p>  <p><b>Bus Trip: Gambling at The Ho Chunk Casino in Black River Falls!</b> (meet in the back lounge @ 1:00 PM)</p> <p><b>1:00 PM</b> <b>Dominos</b> (puzzle lounge)</p> <p><b>5:00 PM</b> <b>Colored Pencil Art</b> (front lounge)</p> <p><b>Hair salon open 8:00-4:00 PM</b></p>	<p>7</p> <p><b>9:00 AM</b> <b>Coffee &amp; Social Hour</b> (dining room)</p>  <p><b>10:00 AM</b> <b>Chair Exercise</b> (back lounge)</p>  <p><b>2:00 PM</b> <b>Christ Lutheran Worship</b> (back lounge)</p> <p><b>7:00 PM</b> <b>Bucks vs. Jazz</b></p>	<p>8</p>  <p><b>10:00 AM</b> <b>Deacon Bob</b> (back lounge)</p>  <p><b>10:00 AM</b> <b>Chocolate Chip Parfaits w/ Alison</b> (activity room)</p> <p><b>2:30 PM</b> <b>BINGO w/ Sue</b> (dining room)</p> <p><b>8:00 PM</b> <b>Bucks vs. Knicks</b></p>	<p>9</p> <p><b>9:00 AM</b> <b>Coffee &amp; Social Hour</b> (dining room)</p>  <p><b>2:15 PM</b> <b>Movie: "The Holiday"</b> <b>*Snacks will be served!*</b> (back lounge)</p> <p><b>5:00 PM</b> <b>Colored Pencil Art</b> (front lounge)</p> 

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<p>10</p>  <p>9:30 AM Catholic Service (channel 19)</p>  <p>2:00 PM Euchre (puzzle lounge)</p>  <p>2:30 PM Bucks vs Celtics</p>	<p>11</p> <p>10:00 AM Chair Exercise (back lounge)</p> <p>2:00 PM Help celebrate all <b>Veterans!</b> w/ Gail *Cookies &amp; Punch will be Served* (activity room)</p> <p><b>Veteran's Day!</b></p> <p><i>Honoring ALL WHO served</i></p> <p><b>THANK YOU VETERANS</b></p> 	<p>12</p>  <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>10:00 AM BINGOCIZE w/ Jen (activity room)</p> <p>11:00 AM 15-minute Veterans recognition &amp; pinning Ceremony w/ Dana Bistodeau (sun room)</p> <p>3:00 PM Game Show w/ Kathy (front lounge)</p> <p>7:00 PM Bucks vs. Raptors</p>	<p>13</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>10:15 AM Ashley Brings Library books to apartment door!</p> <p>1:00 PM Dominos (puzzle lounge)</p>  <p>2:00 PM Happy Hour: Old Fashions &amp; Shrimp Cocktail!! (dining room)</p> <p>7:00 PM Bucks vs. Pistons</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>14</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>12:30-2:30 PM Decorate apartment doors (will need to sign up)</p> <p>2:00 PM Christ Lutheran Bible Study (back lounge)</p>	<p>15</p>  <p>10:00 AM Drum fit exercise New activity! (back lounge)</p>  <p>1:00 PM Make Turkey Tom treats w/ Michelle (activity room)</p> <p>2:30 PM BINGO w/Sue (dining room)</p>	<p>16</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>2:00 PM Bucks vs. Hornets</p>  <p>2:15 PM Movie: "Planes, Trains and Automobiles" *Snacks will be served!! (back lounge)</p>

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<p>17</p>  <p>9:30 AM Catholic Service (channel 19)</p>  <p>12:00 PM Green Bay Packers at Chicago Bears (channel 3)</p> <p>2:00 PM Euchre (puzzle lounge)</p>	<p>18</p> <p>Happy B-day Eileen!!</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>2:00 PM Special visit from Brutus the mini Pig! (front lounge)</p> <p>5:00 PM Puzzle Time (puzzle lounge)</p> <p>7:00 PM Bucks vs. Rockets (NBA TV)</p>	<p>19</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>10:00 AM BINGOCIZE W/ Jen (activity room)</p> <p>12:30-3:30 PM Pedicures w/ Deanne (spa lounge)</p>  <p>1:00 PM Dominos (puzzle lounge)</p> 	<p>20</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>1:00 PM Dominos (puzzle lounge)</p>  <p>Bus Trip: Lunch at the La Crosse Family Restaurant (meet in the back lounge at 12:00 PM)</p> <p>6:30 PM Bucks vs. Bulls (ESPN)</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>21</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>1:30 PM Our Saviors Church Service (dining room)</p>  <p>2:00 PM International Owl Center Virtual Visit w/ Alison (back lounge)</p>	<p>22</p> <p>10:00 AM MSGR Burrill (activity room)</p>  <p>10:00 AM Make Thanksgiving Gnomes w/ Alison!! (activity room)</p> <p>2:30 PM BINGO w/ Sue! (dining room)</p> <p>6:30 PM Bucks vs. Pacers (ESPN)</p>	<p>23</p>  <p>9:00 AM Coffee &amp; Social Hour (dining room)</p>   <p>2:15 PM Movie: "Meet the Fockers" *Snacks will be served!!* (sun room)</p> <p>7:00 PM Bucks vs. Hornets</p>

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<p>24</p> <p>9:30 AM Catholic Service (channel 19)</p> <p>2:00 PM Euchre (puzzle lounge)</p>  <p>3:25 PM Green Bay Packers vs. San Francisco 49ers (channel 3)</p> 	<p>25</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>2:00 PM Seated Cornhole w/ Alyssa (back lounge)</p>  <p>2:30 PM Apple Cider Social! (front lounge)</p>	<p>26</p>  <p>11:00 AM Birthday Brunch served for lunch! (dining room)</p> <p>1:00 PM Dominos (puzzle lounge)</p>  <p>3:00 PM Game Show w/ Kathy (front lounge)</p>	<p>27</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>1:00 PM Dominos (puzzle lounge)</p>  <p>2:00 PM Paraffin hand treatment with hand massage w/ Michelle warm and soothing for arthritis hands! 😊 (activity room)</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>28</p>  <p>8:30-12:30PM Macy's day Parade televised (front &amp; back lounge)</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p> <p>7:15 PM Green Bay Packers at Detroit Lions (prime video)</p> 	<p>29</p>  <p>10:00 AM Drum fit exercise new activity! (back lounge)</p> <p>2:30 PM BINGO w/ Sue (dining room)</p> <p>Give thanks for a little, and you will find a lot....</p>	<p>30</p> <p>9:00 AM Coffee &amp; Social Hour (dining room)</p>  <p>2:15 PM Movie: "The Blind Side" *Snacks will be served!! (back lounge)</p>  <p>7:00 PM Bucks vs. Wizards</p>

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