

MERIT Centre North *December* 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p><i>Build Joy Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Reindeer Craft</p> <p>10 AM Mondays at Main: The Great Wisconsin Quilt Show (Depart MERIT at 9:30am)</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Rummikub</p> <p>1:30 PM Snack</p> <p>2 PM Bean Bag Toss</p> <p>3 PM Pictionary</p>	<p>3</p> <p><i>Make a Gift Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Elf Craft</p> <p>10 AM Bingo</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Caroling at Laurel Manor (Depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Cover the Number</p> <p>3 PM Crazy 8's</p>	<p>4</p> <p><i>Cookie Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Fireside Stories with Hot Cocoa</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Bingo at Southside Neighborhood Center (Depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Ball Drumming with Logan High School Volunteers</p> <p>3 PM Shut the Box</p>	<p>5</p> <p><i>Comfort Food Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Salt Snowflake Paintings</p> <p>10 AM Pamper & Polish</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12 - 2 PM Bell Ringing at Valley View Mall (Depart MERIT at 11:45am)</p> <p>1:30 PM Snack</p> <p>2 PM Break the Ice Dice Game</p> <p>3 PM UNO</p>	<p>6</p> <p><i>St. Nicholas Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Santa Ornaments</p> <p>10 AM Cover the Number</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Bingo at MERIT Centre South (Depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Blackjack</p> <p>3 PM Jenga</p>

Activities are Subject to Change

If a participant does not wish to engage in a scheduled activity, participant may choose another option

MERIT Centre North *December 2024*



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 <i>Pastry Day</i> 8 AM Coffee Chat 9 AM Shut the Box 10 AM Mondays at Main: Dark Sky Lighting with Electrician Scott Lind (Depart MERIT at 9:30am) 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Marbled Ornament Craft 1:30 PM Snack 2 PM Bingo 3 PM UNO	10 <i>Nobel Prize Day</i> 8 AM Coffee Chat 9 AM Colored Pencil Art 10 AM Break the Ice Dice Game 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Travel Tales at Southside Neighborhood Center (Depart MERIT at Noon) 1:30 PM Snack 2-4 PM Movie Matinee: Home Alone	11 <i>Tango Day</i> 8 AM Coffee Chat 9 AM Shake Loose Some Memories 10 AM Caroling at Shelby Terrace (Depart MERIT at 9:30am) 11 AM Exercise 11:30 AM Lunch 12:30 PM Holiday Cards with Alison 1:30 PM Snack 2 PM Card Games with Logan High School Volunteers 3 PM Pictionary	12 <i>Gingerbread House Day</i> 8 AM Coffee Chat 9 AM Pamper & Polish 10 AM Gingerbread House Decorating 11 AM Sherry Zak Exercise 11:30 AM Lunch 12:30 PM Caroling at Salem Terrace/ Mill St. Manor (Depart MERIT at Noon) 1:30 PM Snack 2 PM Visit from Santa 3 PM Shut the Box	13 <i>Hot Cocoa Day</i> 8 AM Coffee Chat 9 AM 3D Paper Gingerbread Houses 10 AM Sorry 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Bingo at MERIT Centre South (Depart MERIT at Noon) 1:30 PM Happy Hour (Featuring Hot Cocoa Bar) 2 PM Debbie's Birthday Party! 3 PM Blackjack

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Christmas Spirit Week				
<p>16</p> <p><i>Grinch Day</i> <i>(Join Us in Wearing Green)</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Christmas Riddles & Jokes</p> <p>10 AM Mondays at Main: Sounds of the Season with the Coulee Region Giving Hearts Choir (Depart MERIT at 9:30am)</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Wooden Bead Christmas Trees with Alison</p> <p>1:30 PM Snack</p> <p>2 PM Break the Ice Dice Game</p> <p>3 PM Ring Toss</p>	<p>17</p> <p><i>Christmas Hat Day</i> <i>(Join Us in Wearing any Christmas themed hat)</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Santa Hat Decorating</p> <p>10 AM Bingo</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30-2 PM Connect 2 Nature Presentation at the Southside Neighborhood Center (Depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Cover the Number</p> <p>3 PM Trivia</p>	<p>18</p> <p><i>Channel Your Flannel Day</i> <i>(Join us in Wearing your Favorite Flannel Shirt)</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Shut the Box</p> <p>10 AM Christmas Cookie Decorating</p> <p>11 AM Chair Yoga</p> <p>11:30 AM Lunch</p> <p>12:30 PM Bingo at the Southside Neighborhood Center (Depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Ball Drumming with Logan High School Volunteers</p> <p>3 PM Pictionary</p>	<p>19</p> <p><i>Christmas Shirt Day</i> <i>(Join us in Wearing any Christmas themed shirt)</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Popsicle Stick Christmas Windows</p> <p>10 AM Merit Annual Christmas Trivia Championship</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Christmas Caroling at Prairie Home (Depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Rummikub</p> <p>3 PM Shut the Box</p>	<p>20</p> <p><i>Ugly Holiday Sweater Day</i> <i>(Join us in Wearing an "Ugly" Holiday Sweater)</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Reindeer Viewing at Riverside Park (Depart MERIT at 9am)</p> <p>10 AM – 2 PM MERIT Christmas Party! 10-11:30am Holiday Games 11:30am-Noon Lunch Noon-1pm Christmas Music with Emma Blank 1pm-2pm Holiday Activities</p>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>23 <i>Christmas Movie Marathon Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Shut the Box</p> <p>10 AM Bingo</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:45 PM Reindeer Tea Lights at Laurel Manor (Depart MERIT at 12:30pm)</p> <p>1:30 PM Snack</p> <p>2- 4 PM Movie Matinee: Elf</p>	<p>24 <i>CLOSED FOR CHRISTMAS EVE</i></p>	<p>25 <i>CLOSED FOR CHRISTMAS DAY</i></p>	<p>26 <i>Thank You Note Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Bubble Wrap Snowmen</p> <p>10 AM Pamper & Polish</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Countryside Scenic Drive (Depart MERIT at 12:30pm)</p> <p>1:30 PM Snack</p> <p>2 PM Break the Ice Dice Game</p> <p>3 PM UNO</p>	<p>27 <i>Snowflake Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM 3-D Snowflakes</p> <p>10 AM Sorry</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Bingo at MERIT Centre South (Depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Snowflake Scavenger Hunt</p> <p>3 PM UNO</p>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>30</p> <p><i>Bacon Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Outing to Linda's Bakery (Depart MERIT at 9:30am)</p> <p>11 AM Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Snow Globe Craft</p> <p>1:30 PM Snack</p> <p>2 PM Bingo</p> <p>3 PM UNO</p>	<p>31</p> <p><i>New Years Eve</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Year Reminisce</p> <p>10 AM Coffee at McDonald's (Depart MERIT at 10am)</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM- 3 PM MERIT New Years Eve Party!</p>			

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