



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p><b>1</b> <i>Cinnamon Day</i></p> <p><b>8 AM Coffee Chat</b></p> <p><b>9 AM Colored Pencil Art</b></p> <p><b>10 AM Cover the Number</b></p> <p><b>11 AM Paul Eugene Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Bingo at MERIT Centre South</b></p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM UNO</b></p> <p><b>3 PM Trivia</b></p>

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# MERIT Centre North *November* 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>4</b></p> <p><i>Candy Day</i></p> <p><b>8 AM Coffee Chat</b></p> <p><b>9 AM Shut the Box</b></p> <p><b>10 AM Mondays at Main: The Buzz on Honeybee's with R&amp;J's Honey Farm (depart MERIT at 9:30am)</b></p> <p><b>11 AM Paul Eugene Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Leaf Hedgehogs</b></p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM Wii Bowling</b></p> <p><b>3 PM UNO</b></p>	<p><b>5</b></p> <p><i>Donut Day</i></p> <p><b>8 AM Coffee Chat</b></p> <p><b>9 AM Colored Pencil Art</b></p> <p><b>10 AM Mini Pool</b></p> <p><b>11 AM Paul Eugene Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>1 PM Crafts at the La Crosse Library (depart MERIT at 12:30pm)</b></p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM Break the Ice</b></p> <p><b>3 PM Blackjack</b></p>	<p><b>6</b></p> <p><i>Saxophone Day</i></p> <p><b>8 AM Coffee Chat</b></p> <p><b>9 AM Colored Pencil Art</b></p> <p><b>10 AM Tips for a Health Life Presentation at the Onalaska Library (depart MERIT at 9:30am)</b></p> <p><b>11 AM Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Chocolate Chip Parfaits with Alison</b></p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM Cover the Number</b></p> <p><b>3 PM Autumn Reminisce</b></p>	<p><b>7</b></p> <p><i>Chocolate Almond Day</i></p> <p><b>8 AM Coffee Chat</b></p> <p><b>9 AM Sorry</b></p> <p><b>10 AM Pamper &amp; Polish</b></p> <p><b>11 AM Sherry Zak Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>1 PM Snowmen Tea Lights at Laurel Manor (depart MERIT at 12:30pm)</b></p> <p><b>1:30 PM Snack</b></p> <p><b>2 PM James' Birthday Party! - Birthday was 11/6</b></p> <p><b>3 PM UNO</b></p>	<p><b>8</b></p> <p><i>Harvey Wallbanger Day</i></p> <p><b>8 AM Coffee Chat</b></p> <p><b>9 AM Paper Plate Autumn Spinners</b></p> <p><b>10 AM Chit Chat Twister</b></p> <p><b>11 AM Paul Eugene Exercise</b></p> <p><b>11:30 AM Lunch</b></p> <p><b>12:30 PM Bingo at MERIT Centre South (depart MERIT at Noon)</b></p> <p><b>1:30 PM Happy Hour (Featuring Harvey Wallbanger Mocktails)</b></p> <p><b>2 PM Rick's Birthday Party! - Birthday was 11/2!</b></p> <p><b>3 PM Jenga</b></p>

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# MERIT Centre North *November* 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>11</b> <b>Veterans Day</b>  <b>8 AM Coffee Chat</b>  <b>9 AM Shake Loose Some Memories</b>  <b>10 AM Mondays at Main: Badger Aces Presentation with Author Mike O'Conner (depart MERIT at 9:30am)</b>  <b>11 AM Paul Eugene Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Coffee Filter Poppy Craft</b>  <b>1:30 PM Snack</b>  <b>2 PM Cover the Number</b>  <b>3 PM UNO</b>	<b>12</b> <b>Chicken Soup for the Soul Day</b>  <b>8 AM Coffee Chat</b>  <b>9 AM Colored Pencil Art</b>  <b>10 AM Countryside Scenic Drive Scavenger Hunt (depart MERIT at 10am)</b>  <b>11 AM Sherry Zak Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 International Owl Center Virtual Visit with MERIT South</b>  <b>1:30 PM Snack</b>  <b>2 PM Mini Pool</b>  <b>3 PM Read Chicken Soup for the Soul</b>	<b>13</b> <b>Indian Pudding Day</b>  <b>8 AM Coffee Chat</b>  <b>9 AM Fall Painting</b>  <b>10 AM Patriot K9's Presentation at the Onalaska Library (depart MERIT at 9:30am)</b>  <b>11 AM Category Game</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Ball Drumming</b>  <b>1:30 PM Snack</b>  <b>2 PM Sorry</b>  <b>3 PM Shut the Box</b>	<b>14</b> <b>Pickle Day</b>  <b>8 AM Coffee Chat</b>  <b>9 AM Popsicle Stick Acorns</b>  <b>10 AM Wii Bowling</b>  <b>11 AM Sherry Zak Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Outing to Goose Island (depart MERIT at Noon)</b>  <b>1:30 PM Snack</b>  <b>2 PM Break the Ice</b>  <b>3 PM UNO</b>	<b>15</b> <b>Raisin Bran Cereal Day</b>  <b>8 AM Coffee Chat</b>  <b>9 AM Pamper &amp; Polish</b>  <b>10 AM Coffee at McDonalds (depart MERIT at 9:30am)</b>  <b>11 AM Exercise</b>  <b>11:30 AM Lunch</b>  <b>12:30 PM Thanksgiving Gnomes with Alison</b>  <b>1:30 PM Happy Hour (Featuring)</b>  <b>2 PM Cover the Number</b>  <b>3 PM Trivia</b>

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# MERIT Centre North *November* 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>18</b> <b><i>Mickey Mouse's Birthday</i></b>	<b>19</b> <b><i>Monopoly Day</i></b>	<b>20</b> <b><i>Peanut Butter Fudge Day</i></b>	<b>21</b> <b><i>Red Mitten Day</i></b>	<b>22</b> <b><i>Cranberry Relish Day</i></b>
<b>8 AM Coffee Chat</b>	<b>8 AM Coffee Chat</b>	<b>8 AM Coffee Chat</b>	<b>8 AM Coffee Chat</b>	<b>8 AM Coffee Chat</b>
<b>9 AM Mickey Mouse Fun Facts, Trivia, and Videos!</b>	<b>9 AM Colored Pencil Art</b>	<b>9 AM Colored Pencil Art</b>	<b>9 AM Turkey Paintings</b>	<b>9 AM Turkey Craft</b>
<b>10 AM Mondays at Main: The Amish in Wisconsin Presentation by Author Larry Scheckel (depart MERIT at 9:30am)</b>	<b>10 AM Mini Pool</b>	<b>10 AM Giving Hearts Choir Concert at the Onalaska Library (depart MERIT at 9:30am)</b>	<b>10 AM Pamper &amp; Polish</b>	<b>10 AM Sorry</b>
<b>11 AM Paul Eugene Exercise</b>	<b>11 AM Paul Eugene Exercise</b>	<b>11 AM Hangman</b>	<b>11 AM Sherry Zak Exercise</b>	<b>11 AM Paul Eugene Exercise</b>
<b>11:30 AM Lunch</b>	<b>11:30 AM Lunch</b>	<b>11:30 AM Lunch</b>	<b>11:30 AM Lunch</b>	<b>11:30 AM Lunch</b>
<b>12:30 PM Mickey Mouse Craft</b>	<b>1 PM Crafts at the La Crosse Library (depart MERIT at 12:30pm)</b>	<b>12:30 PM Ball Drumming</b>	<b>12:30 PM Tundra Swan Viewing in Brownsville, MN (depart MERIT at Noon)</b>	<b>12:30 PM Bingo at MERIT Centre South (depart MERIT at Noon)</b>
<b>1:30 PM Snack</b>	<b>1:30 PM Snack</b>	<b>1:30 PM Snack</b>	<b>1:30 PM Snack</b>	<b>1:30 PM Snack</b>
<b>2 PM Chit Chat Twister</b>	<b>2-4 PM Monopoly</b>	<b>2 PM Break the Ice</b>	<b>2 PM Wii Bowling</b>	<b>2 PM Golf Putting</b>
<b>3 PM UNO</b>		<b>3 PM Jenga</b>	<b>3 PM UNO</b>	<b>3 PM Shut the Box</b>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>25</p> <p><i>Parfait Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Riddles &amp; Jokes</p> <p>10 AM Mondays at Main: Using Recollection Wisconsin to Discover La Crosse History (depart MERIT at 9:30am)</p> <p>11 AM Category Game</p> <p>11:30 AM Lunch</p> <p>12:30 PM Stamped Indian Corn Craft</p> <p>1:30 PM Snack</p> <p>2 PM Ball Drumming</p> <p>3 PM UNO</p>	<p>26</p> <p><i>Cake Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Mini Pool</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>1 PM Crafts at the La Crosse Library (depart MERIT at 12:30pm)</p> <p>1:30 PM Snack</p> <p>2 PM Break the Ice</p> <p>3 PM Trivia</p>	<p>27</p> <p><i>Juke Box Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Cornucopia Craft</p> <p>10 AM Outing to The Sweet Shop (depart MERIT at 9:30am)</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Cover the Number</p> <p>1:30 PM Snack</p> <p>2 PM Sorry</p> <p>3 PM A Charlie Brown Thanksgiving on YouTube</p>	<p>28</p> <p>CLOSED FOR THANKSGIVING</p>	<p>29</p> <p><i>Day of Giving</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Sorry</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Bingo at MERIT Centre South (depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM UNO</p> <p>3 PM Shut the Box</p>

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