

MERIT Centre North

February 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Carrot Cake Day</p> <p>8 AM Coffee Chat</p> <p>9 AM Brain Games (Word Searches, Puzzles, & More)</p> <p>10 AM Monday Mornings at Main: Musical Performance with the Grumpy Old Men Band (Depart MERIT at 9:30am)</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Puzzle Piece Valentines Wreaths</p> <p>1:30 PM Snack</p> <p>2 PM Bingo</p> <p>3 PM UNO</p>	<p>4</p> <p>Homemade Soup Day</p> <p>8 AM Coffee Chat</p> <p>9 AM Colored Pencil Art</p> <p>10:30 AM Interactive Music Circle</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Crafts at the La Crosse Library Creation Space (Depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Dice Game Series: Tenzi</p> <p>3 PM Balloon Badminton</p>	<p>5</p> <p>Nutella Day</p> <p>8 AM Coffee Chat</p> <p>9 AM Valentine's Reminisce</p> <p>10 AM Coffee at McDonald's (Depart MERIT at 9:30 am)</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Winter Snow Paintings</p> <p>1:30 PM Snack</p> <p>2 PM Sorry with Logan High School Volunteer</p> <p>3 PM Crazy 8's</p>	<p>6</p> <p>Frozen Yogurt Day <i>(Please Join Us in Wearing your Favorite Sports Team's Attire)</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Football Crafts</p> <p>11 -3 PM Super Bowl Party at MERIT Centre South (Depart MERIT at 10:30am)</p> <p>11- 11:30 am Exercise</p> <p>11:30- 12 pm Lunch</p> <p>12 pm- 2 pm Football Themed Games & Activities</p> <p>2- 2:30 pm Football Themed Snack</p>	<p>7</p> <p>Wear Red Day <i>(Please Join Us in Wearing Red!)</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Pamper & Polish</p> <p>10 AM Shopping at Good Steward (Depart MERIT at 10 am)</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Valentine's Day Boxes with Alison</p> <p>1:30 PM Happy Hour (Featuring Strawberry Sprite Mocktails)</p> <p>2 PM Bingo</p> <p>3 PM Giant Bowling</p>

Activities are Subject to Change

If a participant does not wish to engage in a scheduled activity, participant may choose another option

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February 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 <i>Umbrella Day</i> 8 AM Coffee Chat 9 AM Shut the Box 10 AM Monday Mornings at Main: The Clearwater Farm Story (Depart MERIT at 9:30 am) 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Tissue Paper Hearts 1:30 PM Snack 2 PM Bingo 3 PM Shut the Box	11 <i>Inventors Day</i> 8 AM Coffee Chat 9 AM Colored Pencil Art 10 AM Dice Game Series: 5000 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Crafts at the La Crosse Library Creation Space (Depart MERIT at Noon) 1:30 PM Snack 2 PM Wii Bowling Tournament 3 PM Minute to Win It Games	12 <i>Oatmeal Day</i> 8 AM Coffee Chat 9 AM Pamper & Polish 10 AM Brutus the Mini Pig at the Onalaska Library (Depart MERIT at 9:30 am) 11 AM Category Game 11:30 AM Lunch 12:30 PM Valentine Bear Craft 1:30 PM Snack 2 PM Ball Drumming with Logan High School Volunteer 3 PM Trivia	13 <i>Giving Hearts Day</i> 8 AM Coffee Chat 9 AM Brain Games (Word Searches, Puzzles, & More) 10 AM Valentine's Scratch Art Cards 11 AM Sherry Zak Exercise 11:30 AM Lunch 1 PM Music Café at the Southside Neighborhood Center (Depart MERIT at 12:30 pm) 1:30 PM Snack 2 PM Rummikub 3 PM UNO	14 <i>Valentine's Day</i> 8 AM Coffee Chat 9 AM Shopping at Dollar Tree (Depart MERIT at 9am) 10 AM- 2 PM Valentines Day Party with MERIT Centre South 10 am- Valentine's Themed Activities & Games 11 am- Exercise 11:30 am- Lunch Noon- Valentine's Themed Activities & Games 1:30 pm Valentine's Themed Snack & Love Potion Punch

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17 <i>Presidents Day</i> 8 AM Coffee Chat 9 AM American Flag Craft 10 AM Monday Mornings at Main: "Protecting Paradise in the Driftless: How the Kickapoo Valley Reserve Came to Be" with Author Marcy West (Depart MERIT at 9:30 am) 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Bingo 1:30 PM Snack 2:30 PM Games with the Game Guy	18 <i>Pluto Day</i> 8 AM Coffee Chat 9 AM Brain Games (Word Searches, Puzzles, & More) 10 AM Dice Game Series: Roll It Tic-Tac-Toe 11 AM Sherry Zak Exercise 11:30 AM Lunch 12:30 PM Crafts at the La Crosse Library Creation Space (Depart MERIT at Noon) 1:30 PM Snack 2 PM Wii Bowling Tournament 3 PM Balloon Badminton	19 <i>Chocolate Mint Day</i> 8 AM Coffee Chat 9 AM Colored Pencil Art 10 AM "Time to Ship Another Steer" Presentation by Author Bill Mueller at the Onalaska Library (Depart MERIT at 9:15 am) 11 AM Exercise 11:30 AM Lunch 12:30 PM Pull Painting with Alison 1:30 PM Snack 2 PM Sorry with Logan High School Volunteer 3 PM Giant Bowling	20 <i>Muffin Day</i> 8 AM Coffee Chat 9 AM Q-Tip Heart Paintings 10 AM Cover the Number 11 AM Sherry Zak Exercise 11:30 AM Lunch 1 PM Music Café at the Southside Neighborhood Center (Depart MERIT at 12:30 pm) 1:30 PM Snack 2 PM Kings Korner 3 PM UNO	21 <i>Language Day</i> 8 AM Coffee Chat 9 AM Pamper & Polish 10 AM Heart Rocks 11 AM Paul Eugene Exercise 11:30 AM Lunch 12:30 PM Bingo with Brandi at MERIT Centre South (Depart MERIT at Noon) 1:30 PM Happy Hour (Featuring Sunrise Mocktails) 2 PM Cover the Number 3 PM Trivia

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>24 <i>Tortilla Chip Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Shake Loose Some Memories</p> <p>10 AM Monday Mornings at Main: "Finding Your Third Space" with Author Rick Kyte (Depart MERIT at 9:30 am)</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Heart String Art</p> <p>1:30 PM Snack</p> <p>2 PM Bingo</p> <p>3 PM UNO</p>	<p>25 <i>Horse Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Colored Pencil Art</p> <p>10 AM Dice Game Series: 6,5, 4</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Crafts at the La Crosse Library Creation Space (Depart MERIT at Noon)</p> <p>1:30 PM Snack</p> <p>2 PM Wii Bowling Tournament</p> <p>3 PM Minute to Win It Games</p>	<p>26 <i>Tell a Story Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Fireside Stories with Hot Cocoa</p> <p>10 AM Works of Art Presentation by Sculptor Mike Martino at the Onalaska Library (Depart MERIT at 9:15 am)</p> <p>11 AM Hangman</p> <p>11:30 AM Lunch</p> <p>12:30 PM Sorry</p> <p>1:30 PM Snack</p> <p>2 PM Ball Drumming with Logan High School Volunteer</p> <p>3 PM UNO</p>	<p>27 <i>Bird Feeding Day</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Cheerio Bird Feeder Craft</p> <p>10 AM Brain Games (Word Searches, Puzzles, & More)</p> <p>11 AM Sherry Zak Exercise</p> <p>11:30 AM Lunch</p> <p>1 PM Music Café at the Southside Neighborhood Center (Depart MERIT at 12:30 pm)</p> <p>1:30 PM Snack</p> <p>2 PM Rummikub</p> <p>3 PM Shut the Box</p>	<p>28 <i>Pink Day</i> <i>(Please Join Us in Wearing Pink!)</i></p> <p>8 AM Coffee Chat</p> <p>9 AM Pamper & Polish</p> <p>10 AM Kings Korner</p> <p>11 AM Paul Eugene Exercise</p> <p>11:30 AM Lunch</p> <p>12:30 PM Bingo with Brandi at MERIT Centre South (Depart MERIT at Noon)</p> <p>1:30 PM Happy Hour (Featuring Sparkling Grape Juice)</p> <p>2 PM Giant Bowling</p> <p>3 PM Blackjack</p>

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