



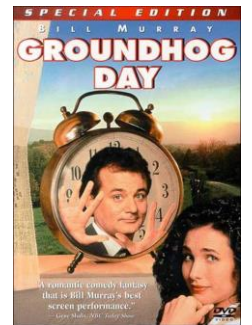
February Activity Calendar – WST 2025



Saturday

1







9:00 AM
Coffee &
Social Hour
(dining room)



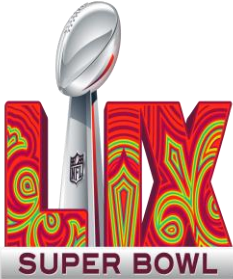







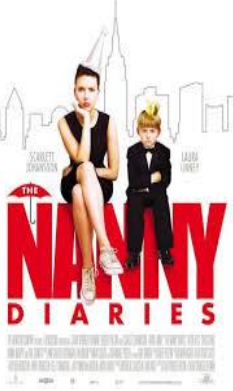
2:15 PM
Movie
Matinee:
“Ground Hog
Day”
***Snacks will**
be served*
(back lounge)

5:00 PM
Colored
Pencil Art
(front lounge)

WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2</p>  <p>9:30 AM Catholic Service (channel 19)</p> <p>2:00 PM Euchre (puzzle lounge)</p>  <p>2:00 PM NFL Pro Bowl (channel 9)</p> 	<p>3</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>2:00 PM Meet Bentley Lesa's 10-week-old Toy/Mini Goldendoodle We will start at front lounge and work our way to back lounge 😊</p> <p>5:30 PM Puzzle time! (puzzle lounge)</p>	<p>4</p>  <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>1:00 PM Dominos (puzzle lounge)</p> <p>2:00 PM Drum fit (back lounge)</p>	<p>5</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>Bus Trip: Lunch @ Village Inn & Shopping Downtown Bangor! (meet in back lounge @11:00 AM)</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>6</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>10:00 AM Chair Exercise (back lounge)</p> <p>2:00 PM Christ Lutheran Worship (back lounge)</p>  <p>Have you found the cupid yet?</p>	<p>7</p>  <p>1:30 PM Make Heart Shaped Bird Feeders! (activity room)</p>  <p>2:30 PM BINGO w/ Sue (dining room)</p> 	<p>8</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:15 PM Movie Matinee: "The Perfect Man" *Snacks will be served! * (back lounge)</p> <p>5:00 PM Colored Pencil Art (front lounge)</p>







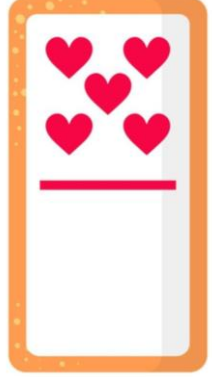





WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9</p> <p>9:30 AM Catholic Service (channel 19)</p> <p>2:00 PM Euchre (puzzle lounge)</p>  <p>5:30 PM Superbowl Sunday party!!! Snacks will be served (back lounge) (channel FOX)</p>	<p>10</p> <p>9:00 AM Chair Exercise (back lounge)</p> <p>10:00 AM Valentine's Day Songs and Crafts with West Salem Elementary School Kids!! (dining room)</p>  <p>2:00 PM Valentine's Day Cards with Alison (activity room)</p>	<p>11</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>1:00 PM Dominos (puzzle lounge)</p>  <p>1:30 PM Interactive Music Circle with Alison (activity room)</p> <p>3:00 PM Games with Kathy!! (front lounge)</p>	<p>12</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:15 AM Ashley Brings Library books to apartment door!</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>2:00 PM Valentine Happy Hour featuring Champagne, wine & beer with Chocolate Covered Strawberries (dining room) Hair salon open 8:00-4:00 PM</p>	<p>13</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>10:00 AM Chair Exercise (back lounge)</p>  <p>2:00 PM Christ Lutheran Bible Study (back lounge)</p>	<p>14</p>  <p>10:00 AM Deacon Bob (back lounge)</p>  <p>2:30 PM BINGO w/Sue (dining room)</p> <p>Happy Valentine's Day!</p> 	<p>15</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p><small>A comedy about life on the top, as seen from the bottom.</small></p>  <p>2:15 PM Movie Matinee: "The Nanny Diaries" *Snacks will be served!! (back lounge)</p> <p>5:00 PM Colored Pencil Art (front lounge)</p>

WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p><i>Happy Birthday, Dave!!!!</i></p>  <p>9:30 AM Catholic Service (channel 19)</p> <p>2:00 PM Euchre (puzzle lounge)</p> <p><i>Take a Walk in the Halls with a Friend Today!</i></p>	<p>17</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>4:30 PM Chase the winter blues away with BBQ social <i>Big Boar BBQ</i> will be served! Pulled pork Sliders Mac n Cheese coleslaw Corn muffin & Bread pudding for dessert All tenants invited!! (dinning room)</p>	<p>18</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM BINGOCIZE with Jen! (activity room)</p>  <p>12:30 – 3:00 Pedicures with Deann *see sign-up sheet for specific appt. time* (spa lounge)</p> <p>1:00 PM Dominos (puzzle lounge)</p>	<p>19</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>Bus Trip: Lunch at Ardie's Flipside Pub & Grill!! (meet in back lounge at 11:00 AM)</p> <p>1:00 PM Dominos (puzzle lounge)</p> <p>Hair salon open 8:00-4:00 PM</p>	<p>20</p>  <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM Chair Exercise (back lounge)</p> <p>1:30 PM Our Saviors Church Service (dining room)</p>  <p>2:00 PM Corn Hole Game (front lounge)</p>	<p>21</p>  <p>1:00 PM Hot Chocolate Social (front lounge)</p>  <p>2:30 PM BINGO w/ Sue! (dining room)</p>	<p>22</p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>2:15 PM Movie Matinee: "Love Affair" *Snacks will be served!!* (back lounge)</p> <p>5:00 PM Colored Pencil Art (front lounge)</p>

WST ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
<p>23</p>  <p>9:30 AM Catholic Service (channel 19)</p>  <p>2:00 PM Euchre (puzzle lounge)</p> <p>5:00 PM Colored Pencil Art (front lounge)</p>	<p>24</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>10:00 AM Squeegee Pull Painting with Alison (activity room)</p>  <p>5:00 PM Puzzle Time (puzzle lounge)</p>	<p>25</p>  <p>11:00 AM Birthday Brunch will be served for lunch! (dining room)</p> <p>1:00 PM Dominos (puzzle lounge)</p>  <p>3:00 PM Games with Kathy (front lounge)</p>	<p>26</p> <p><i>Happy Birthday, Flo!!!!</i></p> <p>9:00 AM Coffee & Social Hour (dining room)</p>  <p>1:00 PM Dominos (puzzle lounge)</p>  <p>Hair salon open 8:00-4:00 PM</p>	<p>27</p> <p>9:00 AM Coffee & Social Hour (dining room)</p> <p>10:00 AM Chair Exercise (back lounge)</p>  <p>3:30 PM Drum Fit with Special Guests: Kathy & Zion!! (back lounge)</p>	<p>28</p> <p>10:00 AM MSGR Burrill (activity room)</p>  <p>1:00 PM Play "Hungry, Hungry Hippo!!" (activity room)</p>  <p>2:30 PM BINGO w/ Sue! (dining room)</p>	<p>Be on the lookout for Cupid hiding throughout the building! If you find him, please turn him in to a staff member to receive a coin – whoever collects the most coins wins a prize at Happy Hour!</p> 

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