

# Marinuka Manor Newsletter

## Administration Note

Hello,

As we wrap up the first few months into the year, I look forward to the warmer weather coming and we have, almost, made it through the winter season! We have a very busy spring and summer planned and I look forward to all of it. I look forward to seeing the residents spend more time outside, celebrating Marinuka Manor's 50th Anniversary, the 2nd Annual Garage Sale and more! We will be starting our Decorah Room updates in the future, with the generous donations from the Love Lights Fundraiser, and I look forward to seeing the process as it unfolds!

I look forward to all of the new and exciting events and changes that are on the horizon! We love seeing all of the new and common faces that enter Marinuka Manor and please stop by any time if any questions, comments or concerns anytime as my door is always open!

-Kristin Cochran, Nursing Home Administrator



Like & follow us on Facebook to stay up to date with the residents and the facility:  
Marinuka Manor Nursing Home

## Upcoming Event Highlights:

April 18th:  
Easter Egg Decorating with Trempealeau VFW Auxiliary

April 20th:  
Easter Sunday

May 9th:  
Garage Sale Fundraiser

May 11th:  
Mother's Day

May 12-16th:  
National Nursing Home Week

May 15th:  
Marinuka Manor 50th Anniversary Celebration

June 15th:  
Fathers Day

June 20th:  
First Day of Summer



MARINUKA  
MANOR

BETHANY ST. JOSEPH CORPORATION  
INSPIRING LIFE, HOPE, & HEALING

## Mission

To provide care and services responsive to the individual needs of those we serve, with dignity and respect in a cost effective manner, placing value on the recipient, his or her family and our staff.

## Contact

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Galesville, WI 54630  
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[bsjcorp.com/marinuka-manor](http://bsjcorp.com/marinuka-manor)

### Nursing Home Administrator

Kristin Cochran, Administrator

### Director of Nursing

Taylor Docken

### Social Worker

Dawn Washburn

### Director of Food & Nutrition

Nolan Henderson

### Recreation Therapy Director

Carter Peterson

## Donations:

Thank you to all of our generous donors over the past 3 months; we appreciate all of the wonderful donations to the residents, staff and facility! A big thank you to all who have donated flowers, craft supplies, bingo prizes, food and treats for residents and staff.

## Eden House

Eden house offers senior independent apartments; connected to Marinuka Manor. Eden House includes support services, 3 meals a day, response system, and opportunities for leisure activities for the senior population of the community.

Call for availability of studio and one-bedroom apartments.

## Therapy

Marinuka Manor offers different types of skilled therapy. To qualify for therapy, one will need to have a Doctor's order and insurance that is in network. Each therapy will focus on different interventions and goals to help provide the recovery you need.

**Physical Therapy** includes your lower body strengthening, balance, ambulation, and endurance.

**Occupational Therapy** includes upper body strengthening, edema, and ADL's (bathing, dressing, feeding, etc.).

**Speech Therapy** includes memory, cognition, and eating/swallowing for those having difficulty with different foods or drinks.



# Welcome Kelly!

We welcomed Kelly to the Marinuka Manor management team in February and have enjoyed having her as part of our amazing team. Thank you Kelly for your enthusiasm and willingness in the work you do and welcome to the team! You will see Kelly as you enter Marinuka, stop by and say hi!

“Hi, I’m Kelly! I recently joined the Marinuka Manor team as the Business Administrative Assistant and have loved every single minute of it! Some of my favorite things are talking with people, being a resource, being creative, and bringing positivity and happiness wherever I go. This role couldn’t be a better fit, especially since the Galesville-Ettrick-Trempealeau area is home to me! If you don’t see me at the front desk in Galesville, I can be found spending time with family, my boyfriend and his teenage boys, crafting in my home workshop, traveling to new places, adventuring with my Border Collie – Franklin, shopping with local businesses, or hunting for treasures at thrift stores. Come chat with me about your last or next trip, ideas for things to do in our area, or just to say hi. Can’t wait to continue to grow and learn in my new role!” – Kelly Gardner



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## Coming Soon: Decorah Room Upgrades!

As part of our love lights fundraiser from December we will be working on upgrading our Decorah room this year. We would like to extend a huge thank you to everyone who participated in this fundraiser by donating in honor of their loved ones. These generous donation will allow us to give this communal space a fresh coat of paint, make improvements to the cabinetry and provide additional storage to our Recreation Therapy Department.



\*Decorah Room Before Pictures

## Garage Sale Fundraiser

Marinuka Manor will be joining the Galesville City Wide Garage Sale in May to support the residents and staff here at Marinuka. Join us **Friday, May 9th from 8am-6pm** and see if you can find any hidden treasures!

### Donations Welcomed!

We are accepting donations from **now until May 2nd**, you can donate any gently used item! We do have the right to turn down any items if we have too many of a certain item, item does not fit our sale, broken, etc.

All items left over after the sale will be donated to a thrift store or discarded.



## Staff Anniversaries:

### 18 Years:

Janice H.

### 16 Years:

Christine L.

### 14 Years:

Taylor D.

### 11 Years:

Morgan D.

Barb S.

### 7 Years:

Kaylie S.

### 6 Years:

Becky P.

Katharine K.

### 5 Years:

Andrew S.

Jessica K.

### 4 Years:

Susan P.

### 3 Years:

Shalley B.

Susan K.

### 2 Years:

Bethany R.

### 1 Year:

Kylie T.



## Resident Birthdays:

Ron M.: January 3rd

Anna B.: January 11th

Kathleen A.: January 26th

Donald R.: January 29th

Carol F.: February 6th

Ceal N.: February 28th



## Marinuka Manor Turns 50!



This year Marinuka Manor is celebrating their 50th anniversary of providing quality care to residents! We are excited to celebrate this major milestone on **Thursday, May 15th, 2025 from 1:30 pm -3:30 pm**. Family, friends, and community members please join us this day in celebrating our anniversary with music, ice cream and a raffle.

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## Recreation Department Fun!

Residents had a fun and exciting Winter this year with all sorts of activities to celebrate and participate in.

In January residents had fun doing a variety of winter themed crafts and activities. Residents made snow globes and 3D snowflakes to decorate throughout their rooms. Residents also made arctic animal suncatchers to brighten up their windows. They ended January by having a hot chocolate social with a variety of flavor options that warmed them right up!

In February residents celebrated Valentines Day and crafted up some neat creations. Residents celebrated Valentines Day with a party hosted by the Marinuka Manor Auxiliary. We would like to extend a huge thank you to the auxiliary for hosting this event and for all the work they do to support our community! Residents also celebrated Valentine's day with themed crafts such as heart trees and Valentine mugs. Finally, throughout February residents

baked up Carrot Cake Cupcakes, Puppy Chow, and Peanut Butter Cookies, which all turned out delicious!

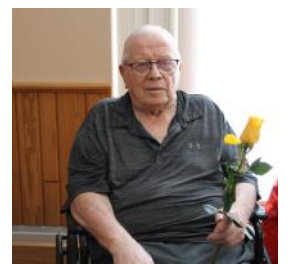
In March residents celebrated a handful of special days with themed tastings and games. Residents celebrated Pi day with a Pie tasting, of which they voted Dutch Apple and Coconut Cream to be the best. Residents celebrated St. Patrick's day with homemade shamrock shakes and dice games to put their luck to the test. Residents also got in on the March Madness action with a little basketball of their own. Finally residents kicked off the beginning of spring by planting some seeds to start our garden and making a flower themed craft.

We look forward to warmer weather and all the fun activities and celebrations planned ahead!

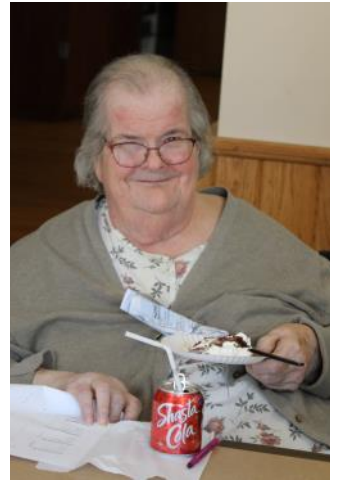
-Carter Peterson, Recreation Therapy Director



# Recreation Department Fun



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